

## Important Safeguards

When using electrical appliances, especially when children are present, basic safety precautions should always be followed, including the following:

### READ ALL INSTRUCTIONS BEFORE USING

**DANGER** – To reduce the risk of electrocution:

1. Always unplug this appliance immediately after using.
2. Do not use while bathing.
3. Do not place or store appliance where it can fall or be pulled into tub or sink.
4. Do not place in or drop into water or other liquid.
5. Do not reach for an appliance that has fallen into water. Unplug immediately.

**WARNING** – To reduce the risk of burns, electrocution, fire or injury to persons:

1. An appliance should not be left unattended when plugged in.
2. Close supervision is necessary when this appliance is used by, on, or near children or invalids.
3. Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.

4. Never operate this appliance if it has a damaged cord or plug, if it is not working properly, or if it has been dropped, damaged, or dropped into water. Return the appliance to a service center for examination and repair.

5. Keep the cord away from heated surfaces.
6. Never place the appliance on a soft surface such as a bed or couch. Always place on a level surface.

7. Never use while sleepy or drowsy.
8. Do not use outdoors or operate where aerosol (spray) products are being used or where oxygen is being administered.

9. Unplug cord before filling. Fill pan with water only. Do not overfill.

10. Do not use additives.

11. Never hold this steamer close to your face in one position, as this may cause scalding

## SAVE THESE INSTRUCTIONS

### TO DISCONNECT FROM POWER SOURCE:

- Disconnect wall plug *before* emptying water from unit.
- Allow appliance to cool and remove hood from base.
- Pour out excess water from tank.
- Wipe hood and tank after use.

### TO STORE AND PACK:

- Wrap cord around bottom as shown on cover. Put one hand on each side and push in sides and fold down and snap lock. Then place hood on tank and it's ready to put away.

## Warranty

The Steam Inhaler is warranted against defective material or workmanship for one year from date of purchase. Should any defect develop, the unit should be securely wrapped and shipped postage paid to the address below. It will be promptly repaired and returned at no charge. Warranty does not cover damages resulting from misuse, abuse, tampering, accident, alterations for failure to use according to our printed directions. Manufacturer shall not be liable for any special or consequential damages for break of any written or implied warranty.

As a condition of sale, the purchaser assumes responsibility for the proper care and use of this appliance in accordance with our printed instructions. The purchaser or user must judge for himself or herself when to use the appliance and length of use.



UL Approved



IT MATTERS!

## Accessories to Compliment your Personal Steam Inhaler

- **Leatherette Storage/Travel Bag** \$7.99 each  
*Designed exclusively for your Personal Steam Inhaler  
Stores and travels easily*
- **Additional Steam Inhaler Hoods** \$7.99 each  
*Each family member can have their own Steam Inhaler Hood  
Reduce the spread of germs*
- **50-1600 Watt International Voltage Converter/Adapter Set** \$13.99 each  
*International and domestic travel accessories*
- **Compact Clothes Steamer** \$19.99 each  
*Removes wrinkles quickly and easily*
- **Dual Voltage Steam/Spray Travel Iron** \$19.99 each  
*Small yet powerful*
- **The Styling Steamer** \$19.99 each  
*For wigs and hairpieces*
- **Other B. Frank Products** \$5.98 each  
*Neck Security Pouch, Waist Security Pouch, Luggage Locks/Straps/Tags,  
Inflatable Neck and Seat Cushions . . . Call today! 1-800-544-6425*



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## USE AND CARE GUIDE

# PERSONAL STEAM INHALER/ RESPIRATORY STEAM THERAPY

## MODEL RST



• *Soothing Steam Vapor Therapy for various forms of nasal congestion, respiratory and sinus discomfort*

• *Natural, Drug-Free Treatment*

• *Patented fold away design is only 3-1/2" high, travels with you*



**PLEASE READ THIS USE AND CARE MANUAL BEFORE USING.**

**SAVE THESE INSTRUCTIONS.**

**B. FRANK**

**HOME HEALTH AND PERSONAL CARE PRODUCTS**

## Dear Customer,

Welcome to the family of quality B. Frank Home Health and Personal Care Products. Mr. Bernard Frank, our founder, began inventing and creating quality home care products by listening to his customers and supporting their very needs. Your new Personal Steam Inhaler will provide you and your family with soothing steam vapor therapy for symptomatic relief of colds, flu, laryngitis, sinusitis, allergies, sore throat and more. And with its patented fold-away design, it is perfect for use at home, office, while traveling or in the dorm.

**Recommended by doctors**, steam inhalation therapy is the most effective natural treatment, as it provides relief by lessening mucous production, nasal congestion, coughing, sore throat discomfort and headache pain.

**The National Institute of Allergies and Infectious Diseases recommends inhaling steam to lessen discomfort and provide quicker relief for sinusitis and allergies.**

A treatment of five to fifteen minutes, two or three times a day, will provide natural, drug-free steam therapy treatment, as well as along with medication your doctor may prescribe.

### READ INSTRUCTIONS BEFORE USING



Fill tank to top with ordinary tap water. DO NOT OVERFILL. This will give you steam for approximately 30 minutes.



Take hood, lift up locking tabs and unfold it. Put hand on each side of hood and spread out sides.

## How to Use

1. Unravel cord completely before use. Place Steam Inhaler on a flat, sturdy surface.
2. Remove Hood from Inhaler. Release Hood Tabs and spread open.
3. Fill water reservoir to top with ordinary tap water. DO NOT OVERFILL.
4. Place Hood on Inhaler.
5. Plug unit into electrical outlet. Do not use extension cords.
6. Allow three to four minutes for unit to produce full steam.
7. When steam starts to flow, place nose and mouth near the hood to a comfortable level.

**NOTE: Your Steam Inhaler is specially designed with a patented "Open Style Hood" so that those with sensitive skin or sensitive membranes in their nose can easily lift their face if steam is too uncomfortably warm. If steam is too warm for you, simply lift your face until comfortable.**

- Never operate Steam Inhaler with Hood closed or without water.
  - As with any electrical heating appliance, close supervision is necessary when this product is used by, on or near children or invalids.
8. Now inhale the soothing steam vapor by breathing normally with nose and mouth for as many minutes as you desire, or the amount of minutes your doctor will prescribe. Steam Inhalation gives temporary relief for people with various forms of nasal congestion and upper respiratory infections as well as chronic sinusitis which would shrink swollen and pale and boggy mucous membranes.
- Such exposure to warm, moist steam vapor does not constitute a specific treatment for the infection or a cold, but does give transient, symptomatic relief to the person.
  - If symptoms persist longer than 10 days, see your doctor. If you suffer from any type of chronic skin disorder, consult your doctor or dermatologist before using this product.



Patented multi-position hood is designed for your comfort. Unit above is shown with hood in the down position.



Personal Steam Inhaler in use with hood in the upper position.

## After-Use Cleaning and Storage

1. Always unplug your Steam Inhaler when finished using.
2. Wait 20 minutes until unit has completely cooled.
3. After unit is completely cooled, remove Hood. Wipe Hood clean with a soft cloth, wet with mild soap if desired.  
NOTE: You may wish to purchase additional Steam Inhaler Hoods for family members. Call us at 1-800-544-6425 for immediate delivery.
4. With Steam Inhaler unit unplugged and cooled down, wipe clean with a soft, clean cloth. If the Steam Inhaler unit is used several times a week, pour 2 ounces of white vinegar into water reservoir and let sit for ten minutes. Then rinse with fresh, clean tap water to eliminate scale buildup. NEVER IMMERSER STEAM INHALER UNIT IN WATER.
5. Store in a cool, dry place.

### CONDITION OF SALE

As a condition of sale, the purchaser assumes responsibility for the proper care and use of this appliance in accordance with our printed instructions. The purchaser or user must judge for himself or herself when to use it and length of use.



Close supervision is necessary when used by children.

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*Please wait approximately 3 to 4 minutes to allow steam to flow out of hood before using. Steam Inhaler is now ready to use.*

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